



**Primary Trauma Care Course,
District Jacobabad, Sindh,
Pakistan
18th and 19th March 2006**

After the first successful PTC course in a District Headquarter Hospital at Mirpur Mathelo (District Gotkhi, Upper Sind) on 7th and 8th January 2006, present course at Jacobabad was organised to introduce and teach the concepts and principles of PTC to the medical officers and specialists and health care providers of this remote and backward district of Sindh bordering Balochistan.

The course was result of an ongoing communication between PTC Chairperson Prof Rashid Jooma , DGO Health and EDO Health Jacobabad Dr Ghulam Muhammad Channa.

Every effort was made to learn from the experience of the previous District course and to maintain the appropriateness of this trauma course in accordance to the needs of the district hospitals of upper Sindh. It was kept in mind that the level of course should not be an exhaustive exploration of clinical traumatology but to remain focused on the ABCDE of resuscitation. The format and contents of the lectures, small group discussions and the skill stations were kept realistic with the appropriate models and equipments and combination of presentation styles. English, Urdu and Sindhi language were used as a medium.

Prof. Rashid Jooma and Dr Gulam Muhammad Channa were actively involved with the other members of the team to organise this course. Manikins, equipments, IT support, meals, refreshments and digital imaging facilities were totally organised by PTC Sindh. Medisure provided the meals and refreshments for the participants. Mrs Sheena Faisal kindly provided the administrative help throughout the course. Manuals and other printed material including MCQs, Evaluation forms, Certificates, registration slips etc were arranged by the PTC Sindh.

Course Instructors and Admin Volunteer were:

Professor Rashid Jooma, Professor and Head, Neurosurgery Department at JPMC, Karachi, Pakistan.

Dr Saeed Minhas, Asst. Professor & Consultant in Orthopaedics Surgery, JPMC, Karachi, Pakistan.

Dr Rashid Punjwani, Consultant in Anaesthesia, AKUH, Karachi, Pakistan.
Dr A R Jamali, Associate Professor of Orthopaedics Surgery, JPMC Karachi.
Dr Shahid Shamim, Asst. Professor of Surgery, DUHS, Karachi.
Dr Faisal Ghani Siddiqui, Asst. Professor of Surgery, LUMHS, Jamshoro.
Mrs Shaeena Faisal as administrator.

Overall Timetable

Friday 17th March 2006

Arrival of PTC Sindh faculty at Sukkur airport received by DHO Jacobabd Dr Agha, proceeded Jacobabd 90km by cars.

A joint pre course strategy meeting held at the Civil Hospital Jacobabad at night.

A joint round of hospital made with EDO and MS hospital to casualty, operation theatres and various departments. Different suggestions discussed for improvement in clinical practice related to Primary Trauma Care. Assistance and mutual co-operation offered for the overall improvement in the trauma care at District Jacobabad.

Saturday 7th January 2006

Inaugural session and 1st day of PTC foundation course.



Inaugural session was held at comfortable District Council meeting hall, with Multimedia and Laptops used were taken from Karachi organised by PTC Sindh. The hall was large enough to accommodate all the participants.

Begum Saeeda Soomro District Nazim was the chief guest, also present were Naib Nazim District Jacobabad Mr Jakharani and DCO Jacobabad Mr Rasheed.

Dr G M Channa EDO Health delivered introductory speech. Prof Rashid Jooma presented local trauma perspective and highlighted trauma in Sindh. Begum Saeeda Soomro in her speech appreciated the efforts of PTC teams for selecting the remote district of Sindh for PTC course.





Sunday 8th January 2006 2nd day of PTC foundation Course.

Twenty Eight registered senior doctors and Paramedics attended the two days of the Foundation PTC course with great enthusiasm. There was a balanced mix of doctors and senior trauma technicians from various parts of upper Sindh . These had been selected by the Government of Sindh with the help of EDO Health Dr Channa.



The course was closed by Dr Saeed Minhas, who thanked all the participants for their hard work and dedication. He thanked the faculty for their assistance in the running of this course. Following that the certificates were handed over to the participants by EDO Health Dr Channa and DCO Mr Rasheed. Dr Channa thanked the faculty from Karachi.

During this final session, we received some enthusiastic remarks, and the general feeling amongst the participants was that PTC is a very good concept which deserves implementation throughout Sindh and beyond.





Farewell lunch hosted by District Nazim Begum Saeeda Soomro at her residence and return flights to Karachi.

Accommodation and Social events

All visiting instructors of the course stayed in the Guest House. Facilities were excellent and very impressive. Both evenings were entertained with well organised dinners. Visited the historical city and residence of Brigadier John Jacob first deputy commissioner of Jacobabad and saw his antiques ,visited Victoria Tower in centre of city and cemetery of Brigadier John Jacob . The hospitality by Begum Saeeda Soomro was remarkable and food was sumptuous.

Acknowledgements

Once again, the first acknowledgement is to Professor Jooma who took an active part to organise this course. We are also thankful for the background support of our local and international donors such as IDEALS, Medisure etc for their continuing supports in these efforts. All the accommodation arrangements were done by EDO Health Dr G M Channa and we are also thankful to Dr Agha and Mr Rasheed DCO Jacobabad. for their hospitality .Special thanks to Begum Saeeda Soomro District Nazim for her special interest and farewell lunch hosted at her residence.. We would like to express our gratitude to the EDO Health for the hospitality and also for the transportation.

Finally I would like to thank my fellow instructors Dr Rashid Punjwani, Dr Shahid Shamim, Dr Faisal Ghani and Dr A R Jamali for making all the necessary arrangements and for their invaluable input during the course. The course would not have been such a success if it were not for them.

*Dr Saeed Minhas
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