

THREE-DAYS PTC PROVIDER'S & INSTRUCTOR'S COURSE
AT
ARMY MEDICAL CORPS CENTRE (AMCC)
ABBOTTABAD

19.20 & 21 MAY 2008



Executive summary

- A team of 10 PTC Instructors conducted Primary Trauma Care workshops (two-day Provider's course and one-day Instructor's course) at Pakistan Army Medical Corps Centre Abbottabad, Pakistan. .
- The course was organised on the request of Commandant Armed forces Post graduate Medical Institute (AFPGMI) Rawalpindi Maj. Gen. Abdul Malik, HI (M) who was the chief guest at Inaugural ceremony on 19th May 2008. He also spoke on the occasion and extended his appreciation for the efforts of the PTC team on behalf of his organization.
- There were 24 participants from Army Medical core of Pakistan, 22 doctors from different specialities dealing with trauma and Hospital administration and two senior Nursing Instructors of Armed forces. 7 civilian doctors from different hospitals of Kashmir and Abbottabad.
- Maj. Gen. Nasim Ul majeed, HI (M) DG Surgery CMH Rawalpindi was the chief guest at the concluding session of the course on 21st May. He distributed certificates to the participants. The PTC Instructors were decorated with the AMC shields in appreciation for their efforts. In his speech he highlighted the importance of early management of trauma patients. He thanked the PTC team and specially Prof John Beavis for travelling all the way to Abbottabad to impart the basic skills of trauma management and establishing the chapter of PTC at Armed forces Institutes and Abbottabad.
- The Commandant AFPGMI General Malik inaugurated the course on 19th May 2008. He also spoke on the occasion and extended his appreciation for the efforts of the PTC team on behalf of his Organization.
- Now every doctor enter into Army medical

Background:

- The 3-day Provider's and Instructor's course was conducted for the selected participants from different Medical Institutes & CMH of Abbottabad and Kashmir region , both Public sector and armed forces. This Course was undertaken with the cooperation and guidance of the Commandant AFGMI Rawalpindi, Pakistan.
- Dr. Saeed Minhas of JPMC Karachi was entrusted with the responsibility of Course Director and he coordinated between the instructors to devise the program.
- Brigadier Ahmed Hussain Mishwani, Brig Mahboob Sardar , Lt.col M Zaman Ranjha and Maj Farhan Vahidi of Pakistan Army coordinated the course and arranged for the local support and hospitality from AFGMI Rawalpindi.
- Brig. M Nasir Mansoor Commandat AMCC Abbottabad and Col. M Tahir Deputy Comdt. was the host at Abbottabad.

Course faculty:

The Course faculty included

- **Prof John Beavis International Faculty**
- **Ms Susan Griffith International Observer**
- **Dr. Saeed Minhas Course Director JPMC Karachi**
- Brig M Sultan Muzaffar CMH Rwp.
- Brig Ahmed H Mishwani CMH Rwp.
- Brig Mahboob Sardar AFGMI RWP
- Col. Dr M. Salim CMH Rwp.
- Lt Col Bilal Umair CMH RWP
- Lt Col M Zaman Ranjha AFGMI
- Lt Col Shaafqat Ali Abbasi CMH Atd
- Lt Col Sabir Hussain Bhatti CMH Atd
- Maj Naveed Ishaq CMH Atd

Course Participants:

Twenty nine Doctors' and two Nursing Instructors were selected to attend the **Two-day PTC Providers course and one day Instructor course. Course participants ranged from senior surgeons and head of departments and Directors of the Emergency departments to young House Surgeons and nursing Instructors.**

Contents and venue of the Course

The subjects which were presented during the PTC Providers/Instructor's course are outlined in the attached program. Course content was similar to what is advised in the PTC manual. Looking at the level of participants' and their nature of involvement in frequent natural and man made disasters a special session of lectures was conducted on **DISASTER MANAGEMENT, TRIAGE & its EXERCISE** and **BOMBINGS: INJURY PATTERNS AND CARE**.

The instructors used different styles of lecturing and different audiovisual aids, like PowerPoint and group discussions.

The venue was the Auditorium and Medical Museum hall of AMCC Abbottabad, situated within the premises of AMC centre a very green and pictorial hilly place. It was a comfortable meeting hall with air-conditioning facility, multimedia projector and sound system. The meeting room was large enough to accommodate hundred or more people. Besides, we could make use of several spaces on the same floor for scenarios and group discussions



What was the best part of the course?

Some Comments by participants

The course was about basics & interactions.

Coordination of PTC instructor's team.

Discussion

Interactive sessions

Skills

Simplicity

Triage exercise

friendly environment.

WHAT WOULD YOU SUGGEST TO CHANGE?

Perfect no change

frequent courses like this.

More practical demonstrations

More skills

More time for question & answers

Videos of some procedures

Ed of course

During and after the course

The participants showed great enthusiasm and were very eager in the scenarios and instruction lectures and at skills.

At the end of the course, Director General Surgery of Pakistan Army distributed the certificates to the participants. The PTC team, as a token of appreciation was decorated with the traditional AMCC shields. He assured of all possible support to the PTC team if and when required. He also thanked them for training the local doctors and health care providers in the Primary trauma care. Next date of PTC at Abbottabad was fixed as 8th and 9th June 2008 to be conducted by Instructors of Abbottabad Chapter.



The inside story

Prof. Rashid Jooma received a request from Commandant AFPGMI Rawalpindi Pakistan to arrange a workshop for doctors and nurses serving in Pakistan Army Medical Corps. A similar request was also received from Commandant AMC Centre Abbottabad, so it was decided to include doctors from Public sector Hospitals of Kashmir and Abbottabad region. Dr Saeed Minhas was given responsibility to organize the course as course director. Prof John P Beavis was invited to conduct the course. All the Instructors reached Abbottabad a day before the course from Karachi, Peshawar and Rawalpindi. Pre course

meeting was held with Prof John Beavis and final program of lectures and skill stations arranged.

We enjoyed our stay and hospitality at AMC Officers mess. Special traditional dinners by Brig Muhammad Nasir Mansoor Commandant AMC centre.

Summary

It was a very disciplined and organized course, time management was perfect and participants were very relevant and experienced which generated very good discussions and new ideas of skills of disaster management in local setup. Time distribution for the course was as follows Lectures 40%, Skills 20%, Scenarios 20% and Discussions 20%. Now PTC course will be part of the basic trauma course of AMC and every doctor inducted to the armed forces will be trained on PTC principles at AMC centre.

ACKNOWLEDGMENTS

I am thankful to all the faculty members for their valuable time and support and special thanks to Prof John Beavis for making this course a success. I am also thankful to Ms Susan Griffith who was a great listener and observer and gave us the very positive feedback.

Maj. General Abdul Malik Commandant AFPGMI for the invitation and his kind support. I am thankful to Brig M Nasir Mansoor and Col M. Tahir for their hospitality and perfect arrangements at Abbottabad.

Dr. Saeed Minhas,

Course Director

PTC Provider's / Instructor's Course

AMCC Abbottabad